

## ACUPUNCTURE



### FENG LIANG, Lic.Ac.

- MD in China
- NYS Lic. Acupuncturist
- Board Certified in Chinese Herbology & Acupuncture
- Graduated from Beijing College of Traditional Chinese Medicine with over 20 years of experience including 5 years physician position in Beijing Hospital of Traditional Chinese Medicine

## ACUPUNCTURE & HERB CLINIC

### STRENGTHEN IMMUNE SYSTEM TO FIGHT CANCER

- Relieve Stress • Depression • Headaches
  - Anxiety • Insomnia • Endometriosis • Sinusitis
  - Uterine Fibroid • Ovarian Cyst • Infertility
  - Chronic Yeast Infection • PMS • Menopause
  - Constipation • Colitis • Irritable Colon
- Provider for Empire Blue Cross Blue Shield (PPO & EPO), Oxford, Health Net, American Red Cross Sept. 11th Recovery Program-Mental Health, Beech Street, nofault, HIP and many other insurance plans are accepted (Aetna, Cigna, United Health Care, Guardian).

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**Dr. Decheng Chen**  
 L.Ac. Ph.D. (MD China)

## Acupuncture & Chinese Herbs

- Licensed Acupuncturist & Herbal Expert
- 20 years of experience
- Professor of New York College of Health Professions
- Published 11 Acupuncture books

**Pain management:** Migraine, headache, arthritis, pain of neck, shoulder, arm, upper and lower back, sciatica, leg

**Internal Diseases:** Allergy, asthma, fatigue, fibromyalgia, IBS, diabetes, obesity, depression, insomnia, gastritis, TMJ, tinnitus, prostatitis, impotence, constipation, strengthening immunity in cancer patients, quit smoking

**Female issues:** PMS, irregular menstruation-menopause, infertility, IVF/ IUI support treatment, uter-

ine fibroids, ovarian cysts

**Beauty Rejuvenation:** Removal of wrinkles, acne, warts, yellow spots, skin rash, vitiligo, hair loss, weight control.

### The First Consultation Includes:

- Examination according to Chinese and Western Medicine
- Analysis of your body imbalances according to Chinese and Western Medicine
- Treatment plan based on Acupuncture and Chinese herbs
- Suggestion for diet, exercise and stress reduction (Certain insurance are accepted)



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**Ying Q Zhao, L.Ac.**

## ACUPUNCTURE, ACUPRESSURE & CHINESE HERBS

**Ying Q Zhao**  
 • NY State Licensed Acupuncturist  
 • 18 Years of Experience  
 • Physician & Ob/Gyn in China  
 • Acupuncture, Acupressure & Chinese Herbs  
 • Specializing in Infertility & Pain Management

**We provide a safe, effective and painless way to treat wide variety of conditions, including:**  
**Ob/Gyn:** Infertility, IVF/IUI Support, Miscarriages, PMS, Menopause

**Male:** Infertility, Impotence, Prostatitis.  
**Pain Management:** Headache, Migraines, Sciatica, TMJ, Sport Injury, Neck, Back, Should and Leg Pain, Fibromyalgia.  
**Internal Problems:** Stress, Depression, Anxiety, Sinusitis, Insomnia, Hypertension, Digestive Disorder, Constipation, Fatigue, Allergy, Asthma, Arthritis, Bell's Palsy, Stroke, Weight Control, Quit Smoking and Alcohol.  
**Facial Rejuvenation, Skin Problems.**  
 We accept some insurance.



## Women's Natural Healthcare

**Dr. Guoping Zheng**  
 OMD, Ph.D, L.A.c

• M.D., Ph.D. from China  
 • NYS Lic. Acupuncturist, Over 25 Years Exp.  
 • Professor at Pacific Institute of Oriental medicine in NYC  
 • Acupuncture, Acupressure & Natural Herbs

Dr. Zheng was awarded a M.D. Ph.D. of Traditional Chinese Medicine in China. She has spent eleven years studying both Chinese Medicine & Western Medicine and twenty years in clinical practice, specializing in the field of **Gynecology & Infertility**. She uses Acupuncture & Natural Herbs to regulate hormones, balance nerve system, improve energy level and regulate immune system.

- **Infertility (male & female) & women's problems:**
- IVF Support
- Uterine Fibroids
- Menstrual Disorder
- sexual dysfunction
- **Cancer Support & Immune Support**
- Smoking
- Allergies
- Stress • Fatigue
- Endometriosis
- PMS
- Menopause
- Weight Control
- Skin & Hair Care
- Depression
- All Pain

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Ms. Martin, from Los Angeles, is an accomplished vocal instructor, with a voice that wows an audience in its power. She has 15 years of teaching experience and has numerous credits, musicals and pop/rock tours. Participating in vocal coaching events worldwide, she is training entertainers to use their voices effectively on stage. She has shared the stage with Barry White, Patti LaBelle, Norman Brown, D'Angelo and Rafael

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JoAnne Greylen Asher, Director

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Intestinal cleansing may eliminate years of accumulated toxic wastes and stop the unnecessary recycling of poisons that build up in the large intestine. Diluting toxic load may reduce stress on the liver, allowing greater functioning of the eliminating organs. The quality of water used is particularly important in this process.

It is Kiva processed to become soft and carries balanced electrolytes in conjunction with negative ions. The PH is balanced into a more natural state.

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- Parasite Cleansing
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- Cellulite Reduction
- Lymphatic Drainage
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lation of the sweat glands and also promotes healthy skin tone and texture due to increased blood circulation.

- Relaxes and Loosens Muscles, and Oxidizes Toxins
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JoAnne Greylen Asher combines her twenty eight years of study in colon therapy, homeopathy, Reiki, polarity, herbology, reflexology and massage, and brings to you a personal and comprehensive approach to well being.

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If you would like more information about colon therapy please call or e-mail:

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When the colon is clean and healthy, we experience a feeling of well-being. When it is congested with stagnant waste, poisons back up into the system and pollute the inner environment. This is called auto-intoxication - literally, "self-poisoning."

Auto-intoxication may be a causative factor in numerous serious diseases. This pollution of blood interrupts waste removal at a cellular level.

According to some estimates, about 70 million people in America suffer from some kind of bowel problem: colitis, ileitis, diverticulitis, constipation, and 100,000 each year have a colostomy. Many people who aren't even aware they have a bowel problem are often in the worst condition of all.

When you are not eliminating properly, deposits of waste matter build up along the wall and in the pockets of the colon. This is why even a mild case of constipation is a very serious problem. When you are not eliminating properly, wastes may not leave for days. Material deposits along the colon wall may not leave for months or even years. Incredible as it may sound, these deposits of hardened fecal matter may get to be two or three inches thick and as hard as tire rubber.

These deposits are harmful. They make it difficult for the body to absorb minerals and nutrients through the intestinal walls.

Bowel problems cause nutritional deficiency no mat-

ter how good your diet or how many vitamins you take. The nerve endings in the colon get irritated and can lead to a spastic or inflamed colon.

Many colons today are pinched, prolapsed and over-irritated. Over-the-counter laxatives over-stimulate the tissues of your bowel, weakening the colon even further. And they still don't remove the hardened deposits. The same is true for ordinary enemas which merely wash out the fresh wastes.

By cleansing the colon of impacted and putrefactive fecal matter, colonics may offer relief from a variety of disturbances. Fatigue, gas, headaches, irritability, skin problems, cold hands and feet, and depression are among the symptoms people have found relieved by colon cleansing. Constipation is another. With colonic irrigation, your sense of well-being is often dramatically improved. You feel lighter, more energetic. The body can again take nourishment from food and defend itself against disease.

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Rachel Mann is a Certified Colon Hydro-Therapist from The American Colon Therapy Association (A.C.T.A.). She has been treating individuals with colon cleansing for over 12 years. She comes with a wealth of experience as well as a clear understanding of all of her clients' needs so that they can experience a gentle and complete cleansing process.

Colon Irrigation is a very safe procedure. We use only filtered water and disposable materials, in a very clean environment. Colon cleansing removes debris from the system and alleviates

constipation, acne, rashes, allergies, worms and parasites, so a sense of well-being can be achieved. Weight loss is also accomplished with the removal of old waste from the colon. We also work with herbs: Wheat Grass, Acidophilus, Oxygen, garlic and Aloe Vera. We also work with candida-yeast infections, nail fungus, gas, bloating, skin problems and depression.

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Featured in the New York Times, Oct. 29, 1999 (Metro Section), Article/photo.

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Masters Wu and Shen have participated in a study of qi-gong healing at the New Jersey Hospital in Newark, sponsored by the National Institute of Health, and in an on-going project on the nature of qi-gong at Mt. Sinai Hospital, New York. (Results published.)

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**Esther S. Rubin,  
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Dr. Rubin's dental practice harmonizes an expertise in general dentistry with a holistic approach to dental care. Through the use of alternative therapies she integrates patients' dental wellness with their overall physical-emotional well-being. Dr. Rubin succeeds at bringing tranquility to a potentially stressful situation; she implements remedies and suggestive relaxation. The office atmosphere reflects an environment that is warm and peaceful.

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- teeth whitening/veneers
- implants

Dr. Esther Sheryl Rubin has been practicing dentistry for 21 years. She graduated from Columbia University in 1982 with a Doctorate in Dental Science and a Master's degree in Public Health. She presently holds a teaching position at Columbia Dental School and has been a guest on The Gary Null Show.

**Esther S. Rubin DDS, MPH  
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He earned his combined M.D. and D.D.S. degrees specializing in maxillofacial plastic surgery from the

renowned Dnepropetrovsk Medical School in the Ukraine. Dr. Hutton then obtained his American DDS degree from New York University Dental School. Post-graduate training includes the Richard V. Tucker Dental Institute For Gold Restorations (WA), the Institute for Advanced Studies in Dental Esthetics (NY), the Pankey Institute (FL), and the Vivadent Center for Advanced Clinical Courses in Esthetic and Cosmetic Dentistry (Liechtenstein). He is listed in the Consumer Research Council of America's "Guide to America's Top Dentists", and is the only dentist in New York Chosen by the BBC.

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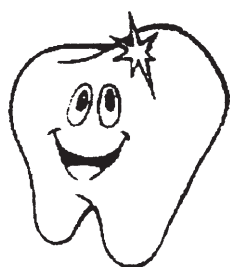
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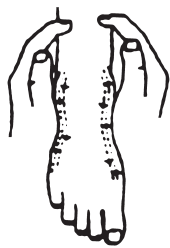
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# CALENDAR - Events Around Town

## SEPTEMBER

International Teacher Bernie Prior speaks from realised consciousness on love, truth, life and the divine purpose in man and womans partnerships. Coming to New York the "Passion and Purpose Tour - The Fire or Transformation". The 18th Sept to the 30th Sept 2007. Please see [www.bernieprior.org](http://www.bernieprior.org). For further details contact [usa@bernieprior.org](mailto:usa@bernieprior.org). Local Contact: Marilyn 212-247-1878.

The General Polarity Session: A Professional Training-Foundational Course. A Two-Day Training is a cornerstone of Polarity Therapy. It consists of a series of gentle contacts with the patient's body, designed to release its energy flows and harmonize its major energy centers as well as to release chronic tensions and induce deep relaxation. In this intensive training we will learn how to feel, map and work with a patient's life-energy fields and how to incorporate toning, breathing and gentle counseling techniques in our healing work. Saturday & Sunday, September 15 & 16, at New York Open Center, 83 Spring St, NY NY 10012. (212)219-2527. Registration or course related questions please call extension 2 or email [registration@opencenter.org](mailto:registration@opencenter.org)

Friday, September 21, Edgar Cayce Updated, with Tom Johnson Tom Johnson, owner of The Heritage Store in Virginia Beach, has been studying the Edgar Cayce readings and other health information for over 35 years. In this presentation, he will show how many of the health concepts in the Cayce readings have been confirmed. Tom demonstrates Cayce products that will help you to improve your health immediately: cold and respiratory remedies, oral health products, mood elevators, endocrine system enhancers, and more. Discover Cayce's answers for weight loss and pain relief. Come, learn and become a "DOCTOR OF CAYCEOLOGY"! Call 212-691-7690 for details.

Friday, September 14, and Saturday, September 15. Feminine Power: Two-Part Event With Sobonfu Spiritual lineage holder for her tribe, Sobonfu will open a space for experiencing the awesome power of the Divine Feminine and teach how to skillfully use this power in the world for the sake of all Life.

"The Tremendous Value of Cleansing and Detoxification with Focus on Colon Hydrotherapy" by Dan Goldberg, CN, CT. 7-8 PM \_refreshments food and refreshments an opportunity for members network. Please bring your cards and brochures. 8 PM \_Certified Coach, Certified Financial Planner and Motivational Speaker who has appeared on many radio and television shows. Call 516-459-4282 for more info.

## OCTOBER

Working with Your Enemies: Finding Freedom from Hostility and Fear\_Robert Thurman & Sharon Salzberg\_October 5-8 Menla Mountain Retreat & Conference Center - 375 Pantherkill Road - Pheonicia, NY. 845-688-6897. [office@menla.org](mailto:office@menla.org) - [www.menla.org](http://www.menla.org).

Sunday, October 7 - Blessing of the Animals\_Starts at 5:00PM\_St. Michael's Church\_Purpose Driven & Family Focused\_1219 Ratzer Road\_Wayne, NJ 07470\_973-694-1026

HSI invites you to a very special Spiritualist Ordination Church Service Saturday, October 20, 2007 at 2 PM Community Church of New York, 40 East 35th Street New York, New York.

## ONGOING

**NEW YORK CITY HEAL** - A support group for allergies, candida, environmental illness and multiple chemical sensitivities. Monthly meetings. Top of the line speakers and a monthly newsletter. 212-517-5937

WEIGHT MANAGEMENT WORKSHOPS. Gentle and compassionate approach: emotional, social and spiritual sources of eating problems. Effective strategies, Energy Psychology (EFT), frank and confidential discussions. Madeline Greenberg, M.A., 212 777 5658. [www.madelinegreenberg.com](http://www.madelinegreenberg.com).

**CORE ENERGETIC EXERCISE** Tuesday: 7:15-10:00 pm Re-own your feeling body. Call: Elaine Waldman (Experienced Therapist) 212 472-9118.

**YOGA TEACHER CERTIFICATION** - Serenity Yoga, 166 West Park Avenue, Long Beach, NY. Private & Group Classes. Call 516-897-2800 for Reservations.

Encounter the dazzling light of the Mineral Realm and into the presence of the Goddess. Alternating Wednesdays, 7 pm - 9 pm, \$25. Location: East West Living - Books, Café, Yoga, Events. Yoga Studio, 2nd floor. 78 Fifth Ave. just south of 14th Street. New York, NY 10011. (212) 243-5994

**ONGOING METAPHYSICAL CLASSES WITH JODI SEROTA FOR CONSCIOUSNESS RAISING, HEALING AND CREATIVITY.**

These classes are guided for each group as introspective journeys for remembering full truth of ourselves as souls incarnated with purpose and devotion to service as lightworkers on Earth. Come experience multi-dimensional Light/Sound frequency activations and initiations with higher guidance atuning and fine tuning your system on all levels. These classes are for those who are ready for change and who feel the desire and willingness to fully embody absolute love. All are welcome! Join the e-mail list for monthly announcements of classes and events. Call Jodi Serota's META Center New York 212-736-0999 ext.1 or email [events@metacenterny.com](mailto:events@metacenterny.com)

Ongoing Tuesdays. ACCESS ASTROLOGY OPEN COMMUNITY. Join experienced astrologers, Heather Roan Robbins, Anne Ortelee and Mark Wolz, in our lovely cafe, for a lively discussion of astrological currents. Tuesdays, 6:30pm - 8pm, free. Location: East West Cafe, Mezzanine Level. East West Living - Books, Cafe, Yoga, Events. 78 Fifth Ave just south of 14th St. New York, NY 10011. (212) 243-5994. [www.eastwestnyc.com](http://www.eastwestnyc.com)

Ongoing Alternate Wednesday. Shamanic Journey Circle with Miranda Ryan. Encounter the dazzling light of the Mineral Realm and into the presence of the Goddess. Alternating Wednesdays, 7 pm - 9 pm, \$25. Location: East West Living - Books, Café, Yoga, Events. Yoga Studio, 2nd floor. 78 Fifth Ave. just south of 14th Street. New York, NY 10011. (212) 243-5994

Ongoing Alternate Wednesdays. Reiki Healing Circle with Danya Rittenberg. Join this healing circle for meditation and mini-reiki treatments.. Alternate. Wednesdays, 6:30pm - 8:30pm, \$15. Location: East West Living - Books, Café, Yoga, Events. Yoga Studio, 2nd floor. 78 Fifth Ave. just south of 14th Street. New York, NY 10011. (212) 243-5994



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**Valerie, Fashion Executive**

*I didn't want any surgery or needles. This was what I needed! After a few sessions, my friends told me I looked 10 years younger.*  
**Anthony Guidera, Hollywood Actor**

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